# **GSD Staff News** Community and Wellness Resources



<u>**Take a tour of Boston**</u> - Professor Alex Krieger of the Graduate School of Design goes online with his iconic lecture on the changing city.



Many Americans are expressing stress and concern about the storming of the U.S. Capitol and other related political events. **If you are experiencing anger, fear, sadness, or grief, please know there is help.** 

KGA, our Employee Assistance Program, is available to assist you and your household members. KGA provides 24/7 immediate access to counselors for emotional support. <u>Click here</u> to view resources related to **managing the stress** of politics. All KGA services are confidential.

Contact KGA at <u>My.KGALifeServices.com</u>, 800-648-9557, or at info@kgreer.com.

#### Antiracism in Higher Education: A Conversation with Ibram X. Kendi

View the discussion about Antiracism in higher education with Ibram X. Kendi, the award-winning author of the New York Times bestseller How to Be an Antiracist (One World, 2019). Kendi, currently the Frances B. Cashin Fellow at Harvard's Radcliffe Institute for Advanced Study, was joined in conversation with Radcliffe Institute Dean Tomiko Brown-Nagin and Harvard College Dean Rakesh Khurana, after which they explore questions posed by current Harvard College students.

# **Blindspot: Hidden Biases of Good People**

#### Thursday, January 21, 2021 | 3:00pm to 5:00pm | <u>Registration is required</u>

The seminar will discuss how we can make wise decisions untainted by beliefs and assumptions we hold without even knowing that we do, and the science of "implicit bias" which demonstrates how barely conscious thoughts and feelings can affect our decisions about others, based on their age, gender, sexuality, race/ethnicity, socioeconomic class, nationality, or other demographic characteristics that are completely irrelevant—and that our own values tell us ought to be irrelevant—to decision-making.

<u>Mahzarin Banaji</u>, Cabot Professor of Social Ethics in the Department of Psychology, Senior Advisor to the Provost, and one of the country's leading experimental social psychologists on the enduring evidence of "implicit bias," is offering a general session for the Harvard community.

### Harvard Honors Dr. Martin Luther King, Jr.

Harvard is hosting a series of (virtual) events across campus in\_celebration of the life and legacy of Dr. Martin Luther King, Jr. and our shared commitment to justice and humanity.

- Friday, January 22, 2021: The Mostly Virtual 2021 MLK Week of Service & Learning
- Wednesday, January 27, 2021, 3 4 pm: <u>Storytelling in Action: The GRX Immersive</u> Labs Way
- Tuesday, February 2, 2021, 6:30 8:30 pm: <u>Reading, Writing and Racism</u>

• Friday, February 5, 2021, 2 – 4 pm: <u>Lecture in honor of Dr. Martin Luther King, Jr.</u> View the <u>DIB website</u> to learn more about offerings and events.

#### Center for Workplace Development

- Check out the <u>new selection of professional development courses</u> from the Center for Workplace Development.
- Deepen your engagement with issues relating to diversity, inclusion, and belonging (DIB) by signing up for <u>DIB Academy</u> (HarvardKey required), a six-session course that explores how power and privilege affect people, policies, procedures, and practices.

#### Massachusetts Paid Family and Medical Leave

• Beginning in January 2021, Harvard University will offer all eligible employees paid family and medical leave. Harvard's new paid family and medical leave benefits, which are modeled on the Massachusetts Paid Family and Medical Leave Law, are designed to enhance the many family-friendly and medical leave benefits that Harvard offers its employees. For more information, please visit the <u>website</u>.

# Office of Work/Life

- Start the year off right with a class from the Office of Work/Life. Check out the <u>program calendar</u> (HarvardKey required) to register.
- Due to COVID-19, caring for older and younger family members has become more complicated. Find answers to your questions on Care@Work's new <u>online resource</u> <u>center</u>, which features helpful podcasts, webinars, and guides.

The GSD Staff Newsletter is available online at www.gsd.harvard.edu/resources/human-resources/gsd-staff-newsletter/